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Human Anatomy & Physiology Introduction The Human Body

Overview of Anatomy and Physiology

- Anatomy the study of the structure of body parts and their relationships to one another
 - Gross or macroscopic
 - Microscopic
 - Developmental
- Physiology the study of the function of the body's structural machinery

Levels of Structural Organization

- Chemical atoms combined to form molecules
- Cellular cells are made of molecules
- Tissue consists of similar types of cells
- Organ made up of different types of tissues
- Organ system consists of different organs that work closely together
- Organismal made up of the organ systems



Integumentary System

- Forms the external body covering
- Composed of the skin, sweat glands, oil glands, hair, and nails
- Protects deep tissues from injury and synthesizes vitamin D



(a) Integumentary System

Skeletal System

- Composed of bone, cartilage, and ligaments
- Protects and supports body organs
- Provides the framework for muscles
- Site of blood cell formation
- Stores minerals



(b) Skeletal System

Muscular System

- Composed of muscles and tendons
- Allows manipulation of the environment, locomotion, and facial expression
- Maintains posture
- Produces heat



(c) Muscular System

Nervous System

- Composed of the brain, spinal column, and nerves
- Is the fast-acting control system of the body
- Responds to stimuli by activating muscles and glands

(d) Nervous System

Cardiovascular System

- Composed of the heart and blood vessels
- The heart pumps blood
- The blood vessels transport blood throughout the body

(f) Cardiovascular System

Lymphatic System

- Composed of red bone marrow, thymus, spleen, lymph nodes, and lymphatic vessels
- Picks up fluid leaked from blood vessels and returns it to blood
- Disposes of debris in the lymphatic stream
- Houses white blood cells involved with immunity

(g) Lymphatic System/Immunity

Respiratory System

- Composed of the nasal cavity, pharynx, trachea, bronchi, and lungs
- Keeps blood supplied with oxygen and removes carbon dioxide

(h) Respiratory System

Digestive System

- Composed of the oral cavity, esophagus, stomach, small intestine, large intestine, rectum, anus, and liver
- Breaks down food into absorbable units that enter the blood
- Eliminates indigestible foodstuffs as feces

(i) Digestive System

Urinary System

- Composed of kidneys, ureters, urinary bladder, and urethra
- Eliminates nitrogenous wastes from the body
- Regulates water, electrolyte, and pH balance of the blood

(j) Urinary System

Male Reproductive System

- Composed of prostate gland, penis, testes, scrotum, and ductus deferens
- Main function is the production of offspring
- Testes produce sperm and male sex hormones
- Ducts and glands deliver sperm to the female reproductive tract

(k) Male Reproductive System

Female Reproductive System

- Composed of mammary glands, ovaries, uterine tubes, uterus, and vagina
- Main function is the production of offspring
- Ovaries produce eggs and female sex hormones
- Remaining structures serve as sites for fertilization and development of the fetus
- Mammary glands produce milk to nourish the newborn

(I) Female Reproductive System

Organ Systems Interrelationships

- The integumentary system protects the body from the external environment
- Digestive and respiratory systems, in contact with the external environment, take in nutrients and oxygen
- Nutrients and oxygen are distributed by the blood
- Metabolic wastes are eliminated by the urinary and respiratory systems

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Necessary Life Functions

- Maintaining boundaries the internal environment remains distinct from the external environment
 - Cellular level accomplished by plasma membranes
 - Organismal level accomplished by the skin
- Movement locomotion, propulsion (peristalsis), and contractility

Necessary Life Functions

- Responsiveness ability to sense changes in the environment and respond to them
- **Digestion** breakdown of ingested foodstuffs
- Metabolism all the chemical reactions that occur in the body
- **Excretion** removal of wastes from the body

Necessary Life Functions

- **Reproduction** cellular and organismal levels
 - Cellular an original cell divides and produces two identical daughter cells
 - **Organismal** sperm and egg unite to make a whole new person
- **Growth** increase in size of a body part or of the organism

Survival Needs

- Nutrients needed for energy and cell building
- Oxygen necessary for metabolic reactions
- Water provides the necessary environment for chemical reactions
- Normal body temperature necessary for chemical reactions to occur at life-sustaining rates
- Atmospheric pressure required for proper breathing and gas exchange in the lungs

Homeostasis

- Homeostasis ability to maintain a relatively stable internal environment in an ever-changing outside world
- The internal environment of the body is in a dynamic state of equilibrium
- Chemical, thermal, and neural factors interact to maintain homeostasis

Homeostatic Control Mechanisms

- Variables produce a change in the body
- The three interdependent components of control mechanisms:
 - Receptor monitors the environments and responds to changes (stimuli)
 - **Control center** determines the set point at which the variable is maintained
 - Effector provides the means to respond to stimuli

Homeostatic Control Mechanisms

Negative Feedback

- In negative feedback systems, the output shuts off the original stimulus
- Example: Regulation of room temperature

Positive Feedback

- In positive feedback systems, the output enhances or exaggerates the original stimulus
- Example: Regulation of blood clotting

Feedforward system

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Homeostatic Imbalance

- Disturbance of homeostasis or the body's normal equilibrium
- Overwhelming the usual negative feedback mechanisms allows destructive positive feedback mechanisms to take over

Cell Theory

- The cell is the basic structural and functional unit of life
- Organismal activity depends on individual and collective activity of cells
- Biochemical activities of cells are dictated by subcellular structure
- Continuity of life has a cellular basis

Plasma Membrane

- Separates intracellular fluids from extracellular fluids
- Plays a dynamic role in cellular activity
- Glycocalyx is a glycoprotein area abutting the cell that provides highly specific biological markers by which cells recognize one another

Fluid Mosaic Model

- Double bilayer of lipids with imbedded, dispersed proteins
- Bilayer consists of phospholipids, cholesterol, and glycolipids
 - Glycolipids are lipids with bound carbohydrate
 - Phospholipids have hydrophobic and hydrophilic bipoles

Functions of Membrane Proteins

Transport

Enzymatic activity

 Receptors for signal transduction

Transport

(a) A protein that spans the membrane may provide a hydrophilic channel across the membrane that is selective for a particular solute. (b) Some transport proteins hydrolyze ATP as an energy source to actively pump substances across the membrane.

Enzymatic activity

A protein built into the membrane may be an enzyme with its active site exposed to substances in the adjacent solution. In some cases, several enzymes in a membrane act as a team that catalyzes sequential steps of a metabolic pathway as indicated (right to left) here.

Receptors for signal transduction A membrane protein exposed to the outside of the cell may have a binding

site with a specific shape that fits the shape of a chemical messenger, such as a hormone. The external signal may cause a conformational change in the protein that initiates a chain of chemical reactions in the cell.

Membrane Junctions: Gap Junction

Passive Membrane Transport: Diffusion

- Simple diffusion nonpolar and lipid-soluble substances
 - Diffuse directly through the lipid bilayer
 - Diffuse through channel proteins
- Facilitated diffusion
 - Transport of glucose, amino acids, and ions
 - Transported substances bind carrier proteins or pass through protein channels

Diffusion Through the Plasma Membrane

(a) Simple diffusion directly through the phospholipid bilayer

Small lipidinsoluble solutes

- (b) Carrier-mediated facilitated diffusion via protein carrier specific for one chemical; binding of substrate causes shape change in transport protein
- (c) Channel-mediated facilitated diffusion through a channel protein; mostly ions selected on basis of size and charge
- (d) Osmosis, diffusion through a specific channel protein (aquaporin) or through the lipid bilayer

Active Transport

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Active Transport

- Uses ATP to move solutes across a membrane
- Requires carrier proteins

Types of Active Transport

- Primary active transport hydrolysis of ATP phosphorylates the transport protein causing conformational change
- Secondary active transport use of an exchange pump (such as the Na⁺-K⁺ pump) indirectly to drive the transport of other solutes

Primary Active Transport

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Secondary Active Transport Types of Secondary Active Transport

- Symport system two substances are moved across a membrane in the same direction
- Antiport system two substances are moved across a membrane in opposite directions

Types of Active Transport

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Vesicular Transport

- Transport of large particles and macromolecules across plasma membranes
 - **Exocytosis** moves substance from the cell interior to the extracellular space
 - Endocytosis enables large particles and macromolecules to enter the cell

Exocytosis

Phagocytosis

(b) Phagocytosis